



## **PDK “Read-A-Thon Challenge”**

PDK is a professional association for educators that brings together the top leaders, thinkers, and doers to collaborate and inspire one another. By providing professional learning opportunities, targeted networking, and relevant research, PDK helps researchers and practitioners deepen their expertise, elevate their careers, and ultimately experience better results in their work.

The PDK “Read-a-Thon Challenge” is an avowal of PDK’s advocacy for public education and the opportunities arising from it. Research recently published by Yale University’s School of Public Health suggests that those who read books live, on average, two years longer than individuals who don’t read at all<sup>1</sup>. Join the movement; join us in reading for you, your family and your students. Funds raised directly supports our chapter’s scholarship programs at the secondary and post-secondary levels.

**“People who report as little as a half-hour a day of book reading had a significant survival advantage over those who did not read... And the survival advantage remained after adjusting for wealth, education, cognitive ability and many other variables.”**

***.- Professor Becca R. Levy***

All participants will be e-mailed a certificate of participation. Top readers and top fundraisers will be recognized at our Annual General Meeting. All funds and the individual tracking sheet must be postmarked by January 1, 2019 and sent to Pauline Quan, “Read-a-thon Challenge” Co-chair, 10 Strawflower Mews, Toronto, ON, M2N 0E8

For further information contact the “Read-a-thon Challenge” Co-Chairs:

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<sup>1</sup> [http://well.blogs.nytimes.com/2016/08/03/read-books-live-longer/?\\_r=0](http://well.blogs.nytimes.com/2016/08/03/read-books-live-longer/?_r=0)

## How to Participate in the “Read-a-Thon Challenge”

The “Read-a-Thon Challenge” is an excellent complement to everything PDK stands for. . Here’s how it works:

- Complete information on the Tracking Sheet and Sponsor Sheets.
- Find sponsors to encourage your reading. Record the sponsor’s information and pledges on the Sponsor Form (see page 4).
- Read regularly. Using the Individual Tracking Sheet, record and verify how much reading is accomplish daily.
- The “Read-a-Thon Challenge” ends on December 31, 2018. During the last week of the “Read-a-Thon Challenge” total up their minutes read and collect the pledges. Write a cheque equivalent to the amount raised. Enclose the cheque and the tracking sheets in an envelope and mail/deliver it to the address below. All entries must be received or postmarked by January1, 2019.

### **Pauline Quan “Read-a-Thon Challenge”**

10 Strawflower Mews, Toronto, ON, M2N 0E8

- Special certificates will be presented to top readers and top fundraisers.

## Individual Tracking Sheet

- Keep track of your reading daily.
  
- At the end of the reading period, add up the total number of minutes you have read and ask your sponsors for the money they pledged to support your effort!

<b>First Name:</b>	<b>Last Name:</b>
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	Date	Title of Book	Minutes Read
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1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Total Minutes Read on this Sheet	
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Total Minutes Read from Previous Sheets (Please staple all sheets together)	
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<b>Grand Total of Minutes Read</b>	
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Ask your family, friends and neighbours to sponsor your reading. Have them pledge to pay a small amount for each minute you read. Multiply the **number of minutes** you read by the **Pledged Amount** to find the **Total Due!** Alternatively, have your sponsor pledge a **One-Time Amount**.

Name:	<b>Submitted by:</b> <input type="checkbox"/> mail <input type="checkbox"/> drop off <b>TO: Pauline Quan, 10 Strawflower Mews, Toronto, ON, M2N 0E8</b>
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Sponsor's Name		Pledged Donation (Per Min. or One-Time)	Total Minutes Read	Total Collected
<i>e.g.</i>	<i>Yu Smith</i>	<i>10¢ per minute</i>	<i>600 min</i>	<i>\$60</i>
<i>e.g.</i>	<i>Jane Ali</i>	<i>Donation of \$50</i>		<i>\$50</i>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
			Total Collected on this Sheet	
			Total Collected from Previous Sheets (Please staple all sheets together)	
			<b>Grand Total Collected</b>	